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Year Three

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Spiritual	Physical	Adventure	Community	Interest
Challenge 1: Connectionz Global Christmas	Action Girlz Campz 1 Kayaking/ Canoeing	Campz 1	Community Projectz	Cookz Fashion Fix My Style
Challenge 2: Christmas	Action girlz Active Indoor sport Irongirlz Kayaking/ Canoeing Abseiling/Rock Climbing		Community Projectz Multi- cultural Women of Influence	Entertain- erz
Challenge 3: Spiritual Fitness International Christmas	Physical Fitness Triple	Survivor	Care	Girlz' Stuff Do-it- yourself
Optional Programmes: Christmas & Final Fling Prayer Trust Easter (2) Christmas Memory Verse Spiritual	Bike Safety Rock Climbing Raftz	Huntaz Survival Series	Emergency Response Coastal Environ ment Oceanz Suffrage	Asian Cooking Cake Deco rating Crafts (2) Fatherz Day Friendz Gamez Hostessing Knitting Motherz Day Music Performing Artz Pioneerz Pottery Sewing Sign Lan guage Tycoonz Woodwork

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Pages 21-22

SPACI—Spiritual, Physical, Adventure, Community, Interest

Here is an indication of where the badges fit under the SPACI format and by choosing a different emphasis a badge could fit into quite a different category. e.g. Cookz which is under interest becomes community if food is given to a food bank, drop in centre or the elderly.

Spiritual	Physical	Adventure	Community	Interest
Explore 1: I Luv Uz Christmas	Foot Ralliez Skittlesz Spinerz		Birdz Re-Uze Safe Az	Bakerz
Explore 2: Christmas Fire birds Creation Easter Drama /Awardz The Rainbow	Safe Az water Kitez	The Night Sky	Spring Planting	Water Friendz Motherz Day Nature's Col ourz
Explore 3: Berenstain Bears Bible Mysteries Christmas Gift	Berenstain Bears Mystery Games	Bernstein Bears	Christmas Gift	Eggs (3)
Adventure 1: Giftz	Trax Kartz Wheelz	Trax Kartz	My Commu nity Safe Az	Petz Café Caperz Mosaicz
Adventure 2: Biblez	Acquaticz Bushgirlz Dancez Sportz	Bushgirlz	Elderz Anzacz	Jewelz Scrapz Cyberspace
Adventure 3: Mission Possible Christmas Dramatix	Campz Top Teamz Twitz & Turnz	Campz	Citizenz	Artz Pacificz Plantz Snapz Wearable Artz

Optional Badges:

Asian Cooking Performing Artz Bike Safety Pioneerz Cake Decorating Praverz Christmas (red) Rock Climbing Coastal Environment Sign Language Emergency Response Suffrage Friendz Surferz Survival Series Gamez

Huntaz Trust Tycoonz

Oceanz

Extra Optional badges:

Pages 27-28

Pages 23—26

No outlines were provided by Units requesting these badges so use them as you see fit. A minimum of three weeks participation is required to earn a badge.

Christmas & Final Fling (green)
Craftz 1
Music
Craftz 2
Fottery
Easter—eas
Easter—heh
Fatherz Day
Hostessing
Motherz Day
Music
Pottery
Sewing
Spiritual
Woodwork

Memory Verses

Ultimate Programme (14 years and over)

Pages 29-31

Adventure
Children
Community
Current Affairs
Domestic Goddess
Faith
God

Big Issues
Communication
Creative
Diva
Emergency
Future
God
Healthy Lifestyle

Leisure Love
Money Sense Pressure
Responsibility Technology

SPACI—where badges fit Pages 32—33 (Spiritual, Physical, Adventure, Community, Interest)

IFG Explore Year One



Kitchen rules, basic baking skills, recipe following and sharing.

Bakerz-bak



Native birds—identifying, feeding and protecting.

Birdz-bir



Sharing the Christmas message through story, play, crafts and puppet making,

Christmas-chr 1 (Blue)



Combining physical activity with visiting places of interest.

Foot Ralliez-foot 1



God cares for us—we care for ourselves and for others.

I Luv Uz-luv



There are many issues surrounding how to use money and this App is full of challenges to help think through them. This might involve budgeting, giving to charity or investigating the stories behind how our purchases are made or supplied. The Bible gives sound advice about the way money should be viewed.

Money Sense—ms



Life is not always smooth and it is inevitable that there will be times of feeling stressed or unable to cope. The Pressure App will explore strategies and techniques to help at such times, as well as finding out how words from the Bible may help you.

Pressure-pre



This App explores some of the rights and responsibilities that come with adulthood and leadership roles that may be required at home, in paid employment, at church or in voluntary work, helping in church or getting involved with voluntary work the girls' may be called upon to take leadership roles. At other times they will be part of a team or group that needs to work together. They will need to learn to organise themselves, prioritise and make decisions in many different contexts.

Responsibility—res



Wide Web in all its facets allows us to speak to those across the world in a nanosecond. This App explores how to safely engage with these and other technological innovations. It also looks at how technological advances of the 21st century can be used to help communicate the message of the Christian faith in relevant and creative ways.

Technology—tec

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This App concentrates on those things that help with living a life closer to God. It looks at the importance of prayers. Bible reading and worship as well as finding new ways of getting involved with these things. It also focuses on the ways the good news of Jesus can be shared with others.

God-hb



This App is packed with challenges about the importance of a healthy lifestyle. This might be about careful food choices, improvement in fitness levels, good hygiene practices or finding out how to keep fit spiritually.

Healthy Living—hl



This App explores some of the many options that can be chosen to engage in during leisure time. Leisure time can bring enjoyment of the experiences while combining with a sense of physical and spiritual. Time is a gift of God to be used well.

Leisure-lei



The Bible says God is love. This App examines the response to this truth. It also examines the many different kinds of love found in different places—in families, in groups of friends, in special relationships, in romance or in marriage. This App is a challenge to seek the meaning of love in practical ways.

Love-lo



ReUze-reu



Preparing for an emergency.

for our planet.

game.

Raising awareness of the responsibility to care



Safe Az —saf-h

Skittlez-skit



Learning to safely use bikes, scooters and skates.

Making Skittlez and learning to play the



Spinerz—spi

IFG Explore Year 2 The Creation—The Four Elements

Themes:

Term One Water / Term Two Air / Term Three Earth / Term Four Fire



Learning about fire safety plus making costumes and preparing a dance for the end-of-term awards programme.

Christmas—Fire Birds—chr-fb



Preparing a drama or mime to present at the end-of-term awards programme.

Creation-cre



Making and flying simple kites.

Kitez-kit



Fostering an appreciation of the colours of nature.

Nature's Colourz-nc



Making a house into a home is a real gift. This App looks at skills to develop, such as cooking, entertaining and DIY and explores the question "What makes a house a home?" The best challenge however, comes from God's Word - "As for me and my house, we will serve the Lord" (Joshua Ch.24:15) - now that's a challenge!

Domestic Goddess—dg



This App is full of challenges to prepare for facing life head on, looking at a world in need and offering practical skills to cope when things seem to go wrong. Christians, of course, know they always have God to turn to when the going gets tough!

Emergency-em



Faith and its influence on today's society seem to hit the headlines almost daily. This App looks at faith and the impact it has, or could have, on everyday life. The App helps to identify the beliefs of those claiming to be Christians.

Faith-fai



The time will come to leave home and start living independently. This experience brings with it the need for a whole new range of skills from setting up home to managing money, from making life choices about partners and careers to setting priorities and goals for future life. This App explores many of these issues and shows how God wants to be part of your future.

Future-fut



Jesus lived in a close community with His disciples. This App is packed with challenges about what it means to live in a community. Whether it's about looking at a local area or further afield, there are lots of ideas to help look at these issues and get involved.

Community—com



Creativity is a gift from God and creative hobbies are a good way of enjoying relaxation and leisure time. Personal discussions need to be made as to how best to use leisure time. Using God given creativity is a great way to do this. This App is full of challenges to help develop existing and new hobbies and talents. This might involve art, craft, music, drama, dance and design,

Creative-cr



Today there are more places than ever to find out about current affairs – in magazines, newspapers, TV or on the net. This App is a challenge to take a closer look at the constantly changing world, whether it is close to home or on the other side of the world. It helps to explore these issues from a Christian perspective and to consider if a difference can be made.

Current Affairs—cur



Many people in the world are obsessed with the way they look, celebrity focus and fast living lifestyles. This App helps to look at true beauty, to unpack the things that are important in life and highlight the importance of accepting that God sees us all as beautiful and special.

Diva-div



Basic water safety skills.

Safe Az Water-saf-w



Growing a garden.

Spring planting—spr



An introduction to astronomy.

The Night Sky—sky



God's special promise.

The Rainbow-rain



Fish tanks, rock pools and fishy crafts.

Water Friendz-wat

IFG Explore Year 3

Themes:

Term 1 Berenstain Bears, Term 2 Eggs, Term 3 Mystery, Term 4 Giving



Values learning through reading Berenstain Bears stories. Adventures for active bears.





Asking spiritually based questions.

Bible Mysteries—bm



Discovering the joy of making and giving gifts.

Christmas Gift—chr-gi



Activities that involve solving mysteries,.

Detectives—det

IFG Ultimate Badges



Adventure provides an opportunity to take an active part in a wide range of adventures, both in a local and a global setting. Experience what it means to make a difference in people's lives, encounter something new, achieve and bring about change. The app also helps to explore the great adventure in following Jesus!

Adventure—ad



In the world today we can be faced with issues of huge significance - matters relating to life and death, truth and justice, freedom and oppression, sin and forgiveness or trust and acceptance. This app helps to see significant issues through the eyes of God.

Big Issues—bi



Jesus Himself held children in high esteem, saying that we should become like them! Many young women will one day be mothers and others may work in professions which will involve interaction with young children. This App is designed to help develop skills that will help to understand the needs and responsibilities associated with such roles. The App explores practical tasks such as baby care and running a children's party.

Children-chi



There are so many issues surrounding communication as it's such an important life skill. This App is full of challenges to help explore some of the ways to communicate more effectively. This might involve producing a church newsletter, organising a book club or using drama to show how important body language can be. Of course, one of the most fabulous things to learn is that God wants to communicate on a daily basis.

Communicationz—comu



Hostessing-hos



Memory Verse-mv



Motherz Day-md



Music-mu



Pottery—pot



Raftz-rft



Sewing—sew



Spiritual—sp



Woodwork-woo



Eggs—Cooking egg-c



Egg-speriments-egg-s



Mystery Games—myg

Mastering simple cooking recipes using eggs.

An introduction to science using an egg theme.

It's all about finding the clues.

IFG Adventure Year 1



Preparing and serving coffee and dessert.

Cafe Caperz—caf



Discovering God's gifts and using them.

Giftz



Building and racing kartz.

Kartz—kar



Making friends and working together while completing a craft.

Extra Optional Badges

No outlines were provided by Units requesting these badges to use them as you see fit. A minimum of three weeks participation is required to earn a badge.



Christmas & final fling—ch1 (Green)



Craftz 1



Craftz-2



Easter-eas



Easter-heh



Fatherz Day—fd



How New Zealand became the very first selfgoverning country in the world to give women the right to vote and what happened next.

Suffrage— suf



To introduce surfing and provide an opportunity to 'give it a go'.

Surferz—surfz



Learning about living conditions in the Antarctic / Artic and how to survive there.

Survival Series—sur



To help girls understand what it means to have trust in each other through games and activities and what it means to have trust in God by sharing the story of Esther.

Trust-tru



Tycoonz-ty

A small business venture to raise funds for IFG activities or for a a community project or over seas missions.



Discovering special places in the local community.

My Community-myc



Pet care and a building project.

Petz-pet



Introduction to local safety services and what to do in an emergency.

SafeAz-saf 1



Raising the awareness of local natural habitants and the importance of conservation.

Trax-tra



Basic bike maintenance and riding safely.

IFG Adventure Year 2



Gaining a personal understanding of Anzac Day.

Anzacz—anz



Improving confidence in the water and swimming skills.

Aquaticz—aq



How the Bible came to NZ and how the contents are organized.

Biblez—spir



Gear and skills for in the bush.

Bushgirlz-bus



Do's and don'ts of internet courtesy and safety.



To investigate ways in which we can actively help look after our oceans and save the sea creatures who live there

Oceanz-oceanz



To provide an opportunity for girls to create and perform their own production.

Performing Artz-p-art



To give an insight into the everyday lives of women living in New Zealand in the 1880's and to introduce skills that would have been used in the households of that time.

Pioneerz —pio



Prayerz-prayer

Activities to encourage prayer.



Try something new, develop trust and confidence in someone else and relate that back to life as a Christian.

Rock Climbing-roc



Sign Language—sign

Outcome of this programme is to perform a song in sign language to an audience.

Cyberspace—cyb



Learning about Civil Defence and First Aid

Emergency Response—em



Devotions and challenges for a weekend camp based on the theme 'Friendz".

Friendz-fr



Participate in a variety of board and other indoor games.

Gamez—gam



To provide opportunities to experience adventure from a hunting perspective while enjoying the out doors of God's creation.

Huntaz-hun



Learn basic stitches and create a sample of knitting.

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Knitting-kni





Learning about the lifestyle adjustments the elderly are required to make and appreciating their wisdom.

Developing creativity through dance and an introduction to dances from other cultures.

Elderz-eld



Making some jewellery and a jewellery box.

Jewelz-jew



Skills to produce creative scrapbooking

Scrapz-scr



Learning new games.

Sportz—spo

IFG Adventure Year Three



Skills required to create art works using various media.

Artz-art



How to camp. Go on an outdoor camp.

Campz2—camp2



Choose a Christmas play to present at Awards Night.

Christmas Dramatix—chr/d



Citizenz-cit

What it means to be a citizen of New Zealand.

IFG Optional Badges



cook some Asian dishes



Learn about safety on the road and road rules in relation to cycling.

To learn something about Asian cooking and to



Learning different methods of cake decoration.

Cake Decorating—cak



To learn about Christmas and sharing the Christmas spirit.

Christmas & Final Fling—chr-ff (Red)



To gain an appreciation of the complexity of our coastal environment and how to care for it.

Coastal Environment—env



Having fun discovering new ways of exercising.

Physical Fitness—pf



Introducing the three pillars of Christian living—prayer, bible study and worshipping/Fellowshipping with other Christians.

Spiritual Fitness—sf



Extending camping skills and knowledge through survivor challenges..

Survivor—surv



Triple—tr1

Skills for Archery/Mountain Bike/Rafting to safely pursue these recreational pursuits.



A look at the lives of some missionaries old and modern.

Mission Possible-mis



Learning about our neighbours in the Pacific.

Pacificz-pac



How plantz behave and misbehave.

Plantz—pla



Snapz-sna

Collecting photos to illustrate a magazine article about i-girlz.



Top Teamz—top

Making new friends and team building through games.

Exploring various recreational pursuits.



Twistz & Turnz—twi



Creating wearable art garments.

IFG Challenge Year Three

project.

Girls' time out.



Care—ca

Creative ways to reach out to those with physical challenges.

Yes we can! - the satisfaction of completing a



Do it Yourself—diy



Girlz Stuff-gs



Christmas cooking, arts, crafts and customs from around the world.



International Christmas—chr-i

IFG Challenge Year One



An introduction to multisport.



Gaining skills required to safely enjoy these outdoor pursuits.

Kayaking/Canoeing—can2 (Brown)



Gaining skills required to safely enjoy these outdoor pursuits.

Abseiling/Rock Climbing-roc1



Celebrating Kiwiana and the rich diversity of food, language, art, games and customs introduced to New Zealand from other lands.

Multi-culture-mul



What motivated women of the Bible, notable women in history and a present day women of influence in the local community to make a difference for good. Choose one from each category to study and decide what they have in common,.

Women of Influence—wom



Gaining skills required to safely enjoy Go Karting, BMXing, Quad Biking or similar action pursuits.

Action Girlz—act1 (Blue)



Becoming a camp family, learning camp rules, developing leadership skills, facing challenges.

Campz—cam1



Working with a community group on a project to benefit the community.

Community Projectz—comp1



The Five Love Languages.

Connectionz—hearts—hea



Hygiene, costing and following recipes. Master Chef competition.

Cookz-coo



Hair, skin and nail care. Choosing suitable makeup and bra.

Fashion Fix-fas



Learn about some of the traditions of Christmas from around the world.

Global Christmas—chr-q



Gaining skills required to safely enjoy these outdoor pursuits.

Kayaking/Canoeing—can 1 (Green)



Matching colour and style to personality. Making a garment or accessory.

IFG Challenge Year Two



Gaining skills required to safely enjoy Go Karting, BMXing, Luging, Quad Biking or similar action pursuits.

Action Girlz—act2 (Green)



Free choice of games with the focus on good sportsmanship.

Active Indoor Sportz—ind



Planning an entire Christmas party for the whole IFG Unit including making of a Christ mas craft and presentation of a Christmas drama.

Christmas Challenge—chr (Gold)



Working with a community group on a project to benefit the community.

Community Projectz—comp2



The wonderful world of performing arts and putting on a show.

Entertainerz-ent